

THIRDHAND SMOKE Resource Center

Thirdhand Smoke in Multiunit Housing: An Update from SDSU

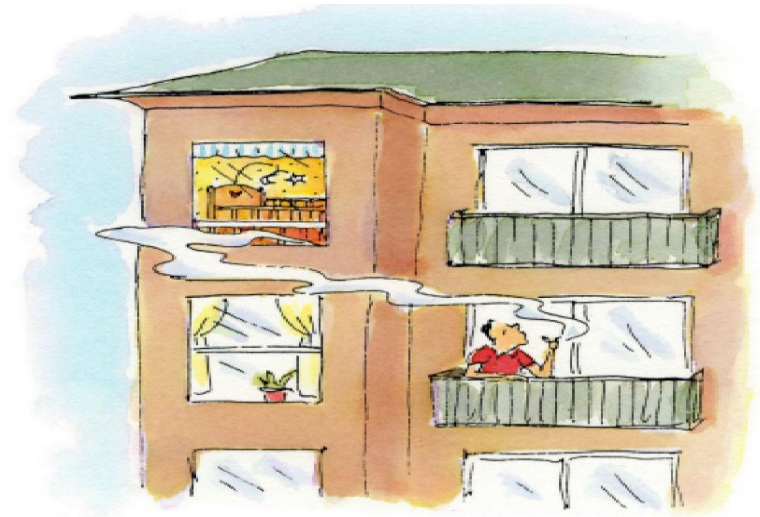
LYDIA GREINER

CENTER COORDINATOR

JULY 10, 2019

The TEM Project: Looking Ahead

- Brief overview of the TEM Project
- Lessons learned to date
- Looking ahead



A New Project at SDSU

Our goal is to learn more about:

- the residents who live in apartments
- concerned with **smoke** from **tobacco** **electronic cigarettes**, or **marijuana** coming into their homes.



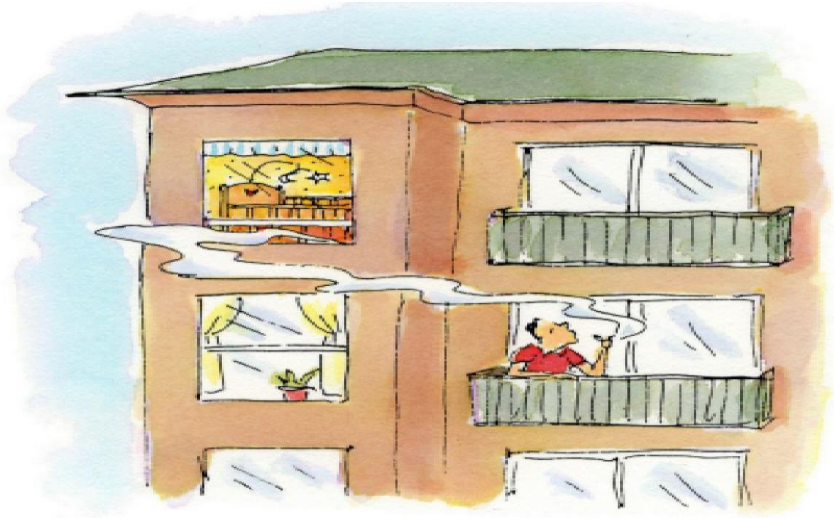
How we will do this:



Find people age 18 or over who:

- Live in an apartment or condo
- Keep a smoke-free home
- Avoid personal exposure

Two Groups of People



Next we will collect information:

Two home visits

Collect air, dust, and urine samples

Interview about household exposure



Visits are completed in two weeks

Each visit takes 1.5 - 2 hours

\$70 gift cards to say “thank you”



At the end...

Individual results of the air, dust, and urine samples

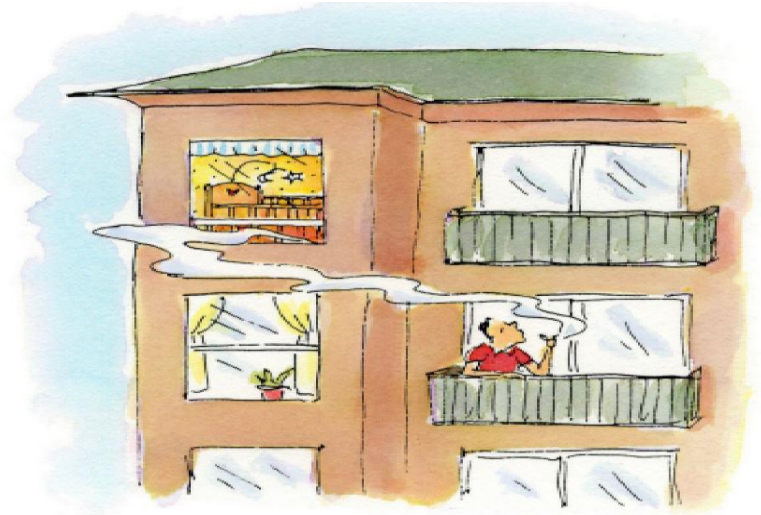
Community discussions of the results of our project



Lessons Learned

Recruitment is challenging!

- Most successful strategies involve a “champion”
 - Programs at senior housing
 - “One-on-one” at food distribution sites
 - Programs at community centers

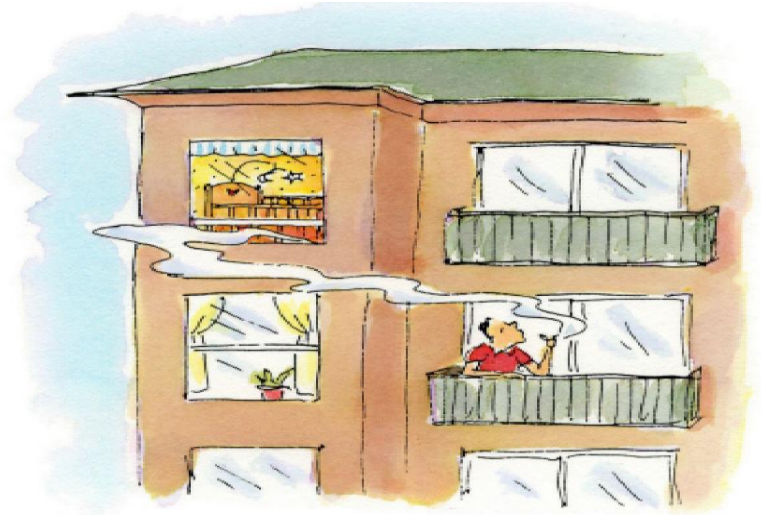


Lessons Learned

“When I’m done, I’m done!”

“Yes, I can avoid personal exposure to tobacco...”

“I want to prove that my neighbor is smoking. Can I be in the study?”



Lessons Learned and Looking Ahead

“Our building went smoke free but we have a problem with thirdhand smoke. Can you help us? We can get lots of people to enroll!”



THIRDHAND SMOKE Resource Center

Our Mission

To share information, resources, and technical support with California's residents, communities, businesses, health care professionals, and policymakers about the toxic legacy of tobacco smoke residue and to achieve indoor environments that are 100% free of tobacco smoke toxicants.

thirdhandsmoke.org



THIRDHAND SMOKE Resource Center

<https://thirdhandsmoke.org/>

QUESTIONS??

Lydia Greiner, DrPH
Coordinator

Thirdhand Smoke Resource Center

lgreiner@sdsu.edu

THIRDHAND

SMOKEResource Center

We welcome your participation in the Center!

- Use the Center as a resource
- Follow us on social media
- Send us suggestions for content
- Contribute content
- Subscribe to our newsletter
- Share your stories
- Watch for our webinars